



COURSE OUTLINE

OPA214

Prepared: Andrea Sicoli Approved: Bob Chapman

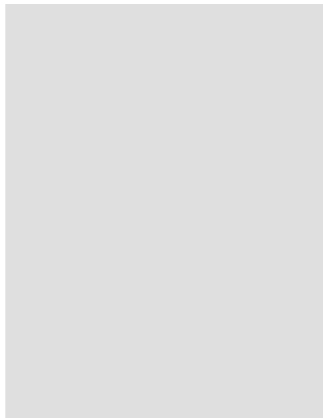
Course Code: Title	OPA214: MENTAL HEALTH COND./PSYCHOSOCIAL ISSUES
Program Number: Name	3022: OCCUP/PHYSIO/ASSIST
Department:	OTA/PTA ASSISTANT
Semester/Term:	17F
Course Description:	The purpose of this course is to introduce the student to common mental health conditions and related psychosocial issues. The student will become familiar with pediatric, adolescent and adult conditions addressed by the OT or PT, either as a primary or secondary diagnosis. Medical intervention and rehabilitative strategies and techniques will be discussed. The role of the OTA & PTA in providing therapeutic intervention will be covered. Opportunities for interaction with local community mental health resources and facilities will be provided.
Total Credits:	3
Hours/Week:	3
Total Hours:	45
Prerequisites:	OPA115, OPA117, OPA130, OPA131, PSY120
Substitutes:	OPA202
This course is a pre-requisite for:	OPA208, OPA210, OPA211, OPA212, OPA213, OPA225, OPA226, OPA227
Vocational Learning Outcomes (VLO's):	<p>#1. Communicate appropriately and effectively, through verbal, nonverbal, written and electronic means, with clients, their families, and significant others, occupational therapists, physiotherapists, other health care providers, and others within the role of the therapist assistant.</p> <p>#2. Participate in the effective functioning of interprofessional health care teams within the role of the therapist assistant.</p> <p>#3. Establish, develop, maintain, and bring closure to client-centred, therapeutic relationships within the role of the therapist assistant.</p> <p>#4. Ensure personal safety and contribute to the safety of others within the role of the therapist assistant.</p> <p>#5. Practice competently in a legal, ethical, and professional manner within the role of the therapist assistant.</p> <p>#6. Document and complete client records in a thorough, objective, accurate, and</p>
Please refer to program web page for a complete listing of program outcomes where applicable.	



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- nonjudgmental manner within the role of the therapist assistant.
- #7. Develop and implement strategies to maintain, improve, and promote professional competence within the role of the therapist assistant.
- #8. Perform effectively within the roles and responsibilities of the therapist assistant through the application of relevant knowledge of health sciences, psychosociological sciences, and health conditions.
- #9. Perform functions common to both physiotherapy and occupational therapy practices that contribute to the development, implementation and modification of intervention/treatment plans, under the supervision of and in collaboration with the occupational therapist and/or physiotherapist.
- #10. Enable the client's occupational performance by contributing to the development, implementation, and modification of intervention/treatment plans, under the supervision of and in collaboration with the occupational therapist.
- #11. Enable the client's optimal physical function by contributing to the development, implementation, and modification of intervention/treatment plans, under the supervision of and in collaboration with the physiotherapist.

Essential Employability Skills (EES):

- #1. Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.
- #2. Respond to written, spoken, or visual messages in a manner that ensures effective communication.
- #6. Locate, select, organize, and document information using appropriate technology and information systems.
- #7. Analyze, evaluate, and apply relevant information from a variety of sources.
- #8. Show respect for the diverse opinions, values, belief systems, and contributions of others.
- #9. Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
- #10. Manage the use of time and other resources to complete projects.
- #11. Take responsibility for ones own actions, decisions, and consequences.

Course Evaluation:

Passing Grade: 60%, C

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
Assignment 1	20%
Assignment 2	10%
Final Exam	30%
Participation/Learning Activities	20%
Quiz 1	10%



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Quiz 2

10%

Course Outcomes and Learning Objectives:

Course Outcome 1.

Demonstrate an understanding of the pathology of mental health and psychological conditions which are managed by occupational therapists and physiotherapists.

Learning Objectives 1.

- Define mental health and mental illness
- Define the theoretical perspectives of mental health conditions
- Describe the historical approach to management of mental illness
- Describe the history of OT and mental health

Course Outcome 2.

Demonstrate knowledge of mental health and psychological conditions, their course and intervention.

Learning Objectives 2.

- Discuss the DSM-5 classification of mental health conditions
- Describe the pharmacological management and treatment approaches to mental health conditions
 - Identify issues related to medication adherence
 - Describe common mental health conditions, including the pathophysiology, etiology, clinical presentation, and clinical intervention.

Course Outcome 3.

Demonstrate an understanding of and describe various treatment settings and the roles of the inter-professional health care team in the management of such conditions.

Learning Objectives 3.



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- Identify the various treatment settings as well as community support available for individuals with mental health conditions
- Recognize and respect the roles and responsibilities of the inter-professional health care, including the psychiatrist, psychologist, psychiatric nurse, social worker, OT, PT, OTA and community support worker, recreation therapist, peer support worker, addictions counsellor
- Recognize the Mental Health Act and legislation related to mental health issues

Course Outcome 4.

Demonstrate an understanding of common behaviours and responses of a client with mental health and psychological conditions.

Learning Objectives 4.

- Recognize the influence that attitudes, values, beliefs and culture of the client and health care provider have on the therapeutic relationship
- Describe the clinical presentation, signs and symptoms of mental health conditions

Course Outcome 5.

Demonstrate an understanding of how individuals and society react to mental health issues.

Learning Objectives 5.

- Discuss the stigmatization and stereotyping of clients with mental health conditions
- Describe how the media portray individuals with mental health conditions and how this influences society's perception

Course Outcome 6.

Demonstrate an understanding of how a mental health condition impacts the client, their social support and their environment.

Learning Objectives 6.



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- Identify how mental health conditions affects the client as well as the family
- Discuss the influence of cultural values and beliefs on mental health

Course Outcome 7.

Demonstrate an understanding of the specific role of the OT and PT and OTA & PTA providing treatment for the different mental health conditions.

Learning Objectives 7.

- Employ a client-centered approach that appreciates the uniqueness of the individual and includes realistic goals that enable participation in meaningful activities
- Describe general health and wellness techniques as well as specific interventions provided by the OT, PT and OTA & PTA in helping the client meet identified goals and objectives

Course Outcome 8.

Demonstrate knowledge of safety considerations and apply strategies for working with clients with mental health conditions.

Learning Objectives 8.

- Discuss safety considerations for health care professionals & clients
- Describe appropriate behavioural interventions, stress reduction and conflict resolution strategies to promote the well being of the client
- Discuss Mental Health Legislation
- Summarize Mental Health First Aid strategies for clients that are at risk for harming others, self-harm or suicide

Date:

Wednesday, August 30, 2017

Please refer to the course outline addendum on the Learning Management System for further information.